

## **Home Care following delivery of: COMPLETE, PARTIAL AND IMMEDIATE DENTURES**

Dentures are limited in their ability to restore full chewing function. They can never function as well as your healthy natural teeth did. However, your mouth can adjust to your new dentures more smoothly if you take care to follow these home care instructions:

1. If you have little bone support remaining, you will have to use denture adhesive in order to retain the denture(s) in your mouth. We recommend paste adhesive for maximum retention.
2. If you experience difficulty in speech, your muscles will usually adjust fully to dentures in about 2 weeks. You can hasten this by practicing talking or reading out loud in front of a mirror. You may have to have to cut up your food into smaller pieces before chewing with your denture(s).
3. We recommend removing your dentures at night in order to allow your oral tissues to rest. Whenever you remove the denture(s), you should brush the entire denture with denture cleaner or toothpaste daily to minimize staining and plaque/calculus formation. Always place them into some type of liquid to soak (mouthwash or salt water is best).
4. If you experience sore spots from the denture(s), call the office for an appointment for adjustment at **281-367-5900**. Please wear the denture(s) for at least 1 day prior to adjustment appointment in order to locate sore areas on the gums.
5. **TEMPORARY FLIPPER PARTIALS ARE FOR ESTHETICS ONLY.  
CHEWING HARD FOODS IS NOT RECOMMENDED.**

**IMMEDIATE DENTURES** - If you are a first time denture wearer, you will go through a period of accommodation to accept the denture. You will have to retrain you jaw muscles, cheeks and tongue to accept this new object(s) in your mouth.

(For care of the tooth extraction sites see **EXTRACTION POST-OP INSTRUCTIONS**. However, please wear the denture(s) at first instead of cotton gauze over the extraction sites. You will need a soft reline appointment in a few days. This will help the extraction sites heal more quickly.)